

CO-OP COMMUNITY NEWS

From the Parent Advisory Council
of the North Seattle Community College
Cooperative Preschool Program



April 2005

Child Safety Guidelines

A PARENT EDUCATION HANDOUT
FROM JEAN WARD, NSCC PARENT EDUCATOR

*You may not go anywhere, anytime, with anyone,
without talking to me first. EVER!*

1. Repeating the above phrase and making it an absolute in your child's life is the basic safety step that will protect your child the most.

*You may NEVER put anything in your mouth
without first checking with me or (other parent,
whomever) unless it is served as part of a meal.*

1B. This is the next basic rule which helps kids remember to not eat berries, plant parts, or anything else they can think of to stick in their mouths. It does help lower the possibility of poisoning.

2. Set a boundary from which your child cannot leave, based on the age of your child and your trust level. This can be inside the house only, your fenced yard, the grass, your lawn plus your neighbor's lawn, etc.

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2004-2005 Calendar

April

11-15 Spring Break (no school)
18 PAC Meeting

May

9 PAC Meeting
30 Memorial Day (no school)

June

13 Last day of classes for Seattle
Public School students



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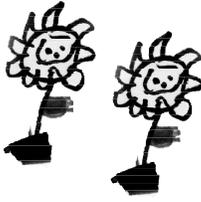
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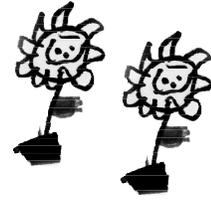
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Preschool Rules

BY TOM HOBSON

Teacher, Woodland Park 3-5s and Pre-3s



Reviewing our list of rules from last year (created by the children), I kept thinking of them as our community's founding principles; our constitution; our bible, even. Like both the Constitution and the book of Exodus, we begin with a fairly broad document detailing principles we hold in common (i.e., the Articles, the Ten Commandments), then append it with a more detailed and ever growing set of additional rules that reflect the fact that we continue to learn and that it is an ever evolving experiment.

The founding principles tend to sound good to everyone, everywhere, throughout time, while many amendments wind up striking us as ridiculously situation-specific, no matter how vital to our community they seem when enacted (e.g., "No throwing pizza at people's backs," "No playing with dead bad guys"). We learn from these, too, of course; we learn about our concerns and fears, and how they often differ from reality. Our founding principles are noble, but our amendments have stories that go with them, each one evoking a memory of our children learning to live together in a community of their own creation.

Our Founding Principles

- No pushing
- No hitting (especially with bats and on knees and at circle)
- No kicking
- No taking things (or paints) away from other people
- No punching
- No slapping or whapping
- No running inside
- No fighting
- Don't say, "You're not my friend," and "You are not very nice" (expanded to include: "I hate you," "I don't like you," "I'll hit you in the eye," and "Stupid")
- No super big or high jumps inside (only outside)
- No touching people with painty hands
- No painting on people (especially their faces)
- Don't throw things at people (especially blocks or wood)
- Don't paint on other people's pictures unless you ask first (especially orca paintings)

The Amendments

- No touching other people with stinky hands
- No throwing real or pretend fire in people's eyes
- No standing or sitting on tables
- No drawing on drums
- No throwing chairs at faces
- No stickers on other people's boards
- No throwing balls at eyes
- No pulling down paintings
- Wash your hands after picking your nose
- No sticking things in people's ears (or around their faces)
- No crying when you're happy
- No taking tags off hooks
- No stamping toes
- No licking things
- No slamming doors
- No pretend or real or water or fire guns
- Ask people before hitting them with squishy bats

- No jumping on people's stuff (unless they say it's OK)
- No leaving snack table without cleaning up
- No coloring on walls
- No throwing pizza at people's backs (especially wet glue pizzas)
- No going behind Teacher Tom's chair
- No climbing on windows or walls unless you're a real fire fighter
- No talking while other people are talking at circle time
- No stomping on people
- To taking shoes off
- No picking chairs into the air
- No biting
- Don't jump on people's heads
- No jumping on lamps
- Don't say, "You can't play"
- No jumping on people's stuff

Child Safety Guideline...

Continued from Page 1

3. Teach your child that their body is their own and it is private and should not be touched by others. The current philosophy is to not use the "good-bad touch" phrase because so much of what is done to children medically and elsewhere feels bad even though it is ultimately good for them.

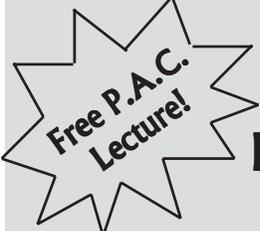
4. Stranger rules are ineffective and have been repeatedly proven to not work. If you feel the need to teach your child a rule, it is more effective to tell them to kick and yell if they feel they are being taken when they don't want to go with someone, rather than emphasizing a category of person (i.e., a stranger).

5. Remember that while accidents are still the leading cause of death in children, they have halved in the past 30 to 40 years. This is probably due to the widespread use of a few basic safety devices like helmets, child restraint seats, and smoke alarms. USE THEM.

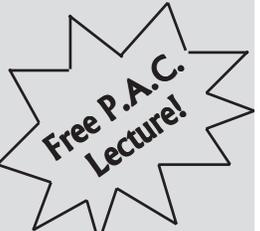
6. Accidental poisonings still occur and it is still recommended that you keep Ipecac in your medicine cabinet, but always call poison control before administering it because it is often much safer to use charcoal or another substance rather than the Ipecac (e.g., what burns going down will burn coming back up).

7. Watch your "quiet, good" child as carefully as you do any other child. However good and thoughtful they appear, they have NO judgement about any number of things (like all children) and will act as impulsively as any other child when you least expect it. Try to not be caught off guard.





Helping Kids Cope When Things Don't Go Their Way



Wednesday, April 27, 2005
7:00 p.m. - 8:30 p.m.
Faith Lutheran Church
8208 18th Ave. N.E.
(At Wedgwood Co-op Preschool)



A workshop by Elizabeth Crary, NSCC Parent Educator, founder of STAR Parenting and author of many parenting books. Ten percent of sales of Parenting Press books and materials sold at the lecture will go to the PAC scholarship fund.



NSCC Co-op Preschools with Openings for Fall 2005

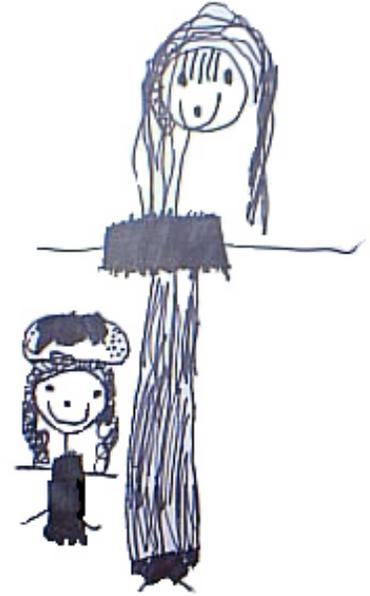
	Co-op	Contact	Phone
Toddlers	Broadview	Jennifer Combs	718-0057
	Cedar Park	J.L. Chiemingo	352-3974
	Crown Hill	Lisa Drake	632-9817
	North Seattle	Stephanie Stanford	527-5620
	Northeast	Seonaidh Davenport	720-9925
	Northgate PM	Terez Manger	542-5543
	Northwest	Maya Dammand	522-7509
	Olympic	Pam Milewski	523-4843
Pre-3s	Northgate PM	Jan Neutz	526-5431
3-5s	Northgate PM	Jan Neutz	526-5431
	Victory Heights PM	Cathy Munsen	522-3213
	Wallingford AM	Lisa Drake	632-9817
	Wallingford PM	Ann Weber	632-0646
Fives	Meadowbrook	Debbie Fields	985-9446
Web Link	To view current listings and for descriptions of each co-op, please go to our web site at: northseattlecoops.org		

Hannah and Josephine

BY AVA FLEISHER

Student, Woodland Park 3-5s Cooperative Preschool

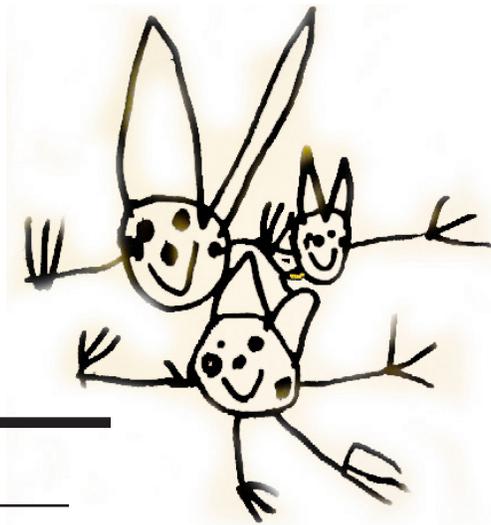
Once upon a time there lived a farmer named Hannah. Hannah was a little sister and Josephine was the bigger sister. Josephine and Hannah lived on a farm and they had ducks and everything they needed. They had lots and lots of food. Josephine sometimes took horse riding lessons. Hannah sometimes took horse riding lessons all by herself all around the whole ring. Their horses were named Lazitta, Peacenyon, Poohzitta, and Laloosa. And then Lazitta died, and all the horses died except Laloosa. It was Laloosa's birthday that day. Laloosa was turning seven and a half years old. Hannah and Josephine blew up lots of balloons. The End, by Ava.



"Hannah & Josephine"
by Ava Fleisher
at Age 4

Calling All Fives!

Meadowbrook Fives will be holding an open day at the school on Saturday, April 23. If you are considering a Fives program for your child in the Fall and would like to speak with other enrolled families and the Fives teacher (Marianne Marshal), this is a great opportunity. Please contact the parent coordinator, Debbie Fields, at (206) 985-9446 for details.



Teacher Position Available

Wedgwood Cooperative Preschool is looking for a qualified, enthusiastic Pre-3s Teacher for next year. Please contact Gina Skene at phone: (206) 523-5143 or email: gmskene@comcast.net

